

LUNCH MENU WEEK ONE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Squash, Chilli & Coconut Soup	Spinach and potato soup	Spiced Cauliflower Soup	Vegetable Soup	Mushroom Soup
Main Sticky Korean chicken Gouchang mayonnaise Sweet chilli sauce	Main Beef tacos with Guacamole Pica de gailo Queso fresca Jalapenos	Main Slow Roasted Lemon & Cajun Chicken	Main 3 Cheese Mac & Cheese With A Choice Of Pesto Chicken, Bacon	Main Battered Fish Of The Day Or Breaded Fish Fingers
Second counter Penne pasta Beef and lentil bolognaise Vegetable primavera	Second counter Chicken Reubens Or Halloumi Reubens	Second counter Sticky pork ribs Or Miso glazed aubergine Lemon rice	Second counter Sloppy Joes Or Vegan Sloppy Joes	Second counter Pad thai noodles with Crispy tofu
Vegetarian Main Sticky tofu	Vegetarian Main Vegan tacos	Vegetarian Main Vegetable Wellington	Vegetarian Main 3 Cheese Mac & Cheese With a choice of mushrooms	Vegetarian Main Pasta Bar
Sides Lemongrass & Coconut Rice Wilted ginger greens Five spiced braised carrots Pickled Vegetables	Sides Mexican style rice Roasted butternut squash Broccoli	Sides Roast Potatoes Cauliflower Cheese Savoy Cabbage Gravy Freshly Baked Yorkshire Pudding Sage & Onion Stuffing	Sides Spiced Wedges Cajun Corn Ribs Sauteed Green Beans	Sides Chip Shop Chips Roasted Vegetables Garden Peas Curry Sauce Tartare Sauce
Jacket Potato With a choice of two toppings	Jacket Potato With a choice of two toppings	Jacket Potato With a choice of two toppings	Jacket Potato With a choice of two toppings	Jacket Potato With a choice of two toppings
Dessert Of The Day Warm ginger sponge with crème fraiche and fruit compotes	Dessert Of The Day Fresh fruit Yoghurt and jelly bar	Dessert Of The Day Lemon Shortbread Fingers	Dessert Of The Day Waffles Fruit and yoghurt bar	Dessert Of The Day Ice cream tubs and organic fruit lollies

Available Daily Will Be A Seasonal Salad Bar, A Selection Of Yoghurt, Jelly And Fruit Pots
 FOR ALLERGEN INFORMATION PLEASE SPEAK TO A MEMBER OF THE TEAM.

LUNCH MENU WEEK TWO



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pea & Mint Soup	Broccoli & Stilton Soup	Tomato & Basil Soup	Leek And Potato Soup	Spiced Vegetable Soup
Main Jerk Chicken Served With Jerk Gravy	Main Classic Beef Lasagne	Main Chinese Crispy Sweet Chilli Chicken	Main Katsu Chicken	Main Scampi Or Breaded Fish Fingers
Second counter Lahmacun Lamb Pitta Or Mushroom topped pitta tabbouleh	Second counter Peri Chicken Wings Or BBQ Cauliflower Wings Served With Spicy Rice	Second counter Pasta bar Tomato sauce Or Bolognaise	Second counter Honey Glazed Gammon sub With Apple Sauce & Slaw Or Crispy halloumi sub With Apple Sauce & Slaw	Second counter Pulled Oomph bao buns
Vegetarian Main Jackfruit, Butternut, Chickpea Coconut Curry	Vegetarian Main Butternut squash, spinach and feta lasagne	Vegetarian Main Chinese Style Rice Noodles With Sweet Chili Plant-based Pieces	Vegetarian Main Katsu cauliflower	Vegetarian Main Pasta Bar
Sides Rice & Peas Sweetcorn Broccoli	Sides Garlic Focaccia Courgette & Roasted Mixed Pepper Buttered Baby Potato Savoy Cabbage	Sides Veggie Sushi Vegetable tossed noodles Ginger Broccoli Stir Fried Vegetables	Sides & Extras Lemongrass & Coconut Rice Chilli Roast Broccoli Roast Butternut Squash Selection Of Pickled Vegetables	Sides & Extras Chip Shop Chips Roasted Vegetables Garden Peas Curry Sauce Tartare Sauce
Jacket Potato With a choice of two toppings	Jacket Potato With a choice of two toppings	Jacket Potato With a choice of two toppings	Jacket Potato With a choice of two toppings	Jacket Potato With a choice of two toppings
Dessert Of The Day Cinnamon apple crumble With Custard	Dessert Of The Day Tiramisu	Dessert Of The Day Chocolate & Beetroot Brownie	Dessert Of The Day Orange & Polenta Sponge With Custard	Dessert Of The Day Toffee banana sponge with crème fraiche

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LUNCH MENU WEEK THREE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pea And Watercress Soup	Carrot Chilli & Coconut Soup	Cauliflower & Herb Soup	Carrot And Coriander Soup	Roasted Pepper & Tomato Soup
Main Piri Piri Chicken	Main Slow Cooked Beef Spaghetti Bolognaise	Main Garlic & Herb Chicken Thigh	Main Marist Thali	Main The Marist Chip shop
Second counter Mac n cheese with your choice of toppings	Second counter Lamb and chickpea tagine Or Aubergine and chickpea tagins	Second counter Pea lemon and ricotta risotto	Second counter Lamb Keema Or Tandoori Spiced Paneer & Chickpea With Cumin Rice	Second counter Sticky BBQ Korean Gogugang cauliflower steaks with sticky rice
Vegetarian Main Halloumi mushroom stack	Vegetarian Main Vegan bolognaise	Vegetarian Main Seasonal vegetable Wellington	Vegetarian Main	Vegetarian Main Pasta Bar
Sides Jollof Rice Corn On The Cob Steamed Broccoli Crispy Cajun Slaw	Sides Garlic Green Beans Chilli And Garlic Roasted Aubergine & Peppers Garlic & Herb Flatbread Pickled Cucumber Pickled Ginger	Sides Roast Potatoes Savoy Cabbage Honey Roasted Root Vegetables Gravy Homemade Yorkshire Pudding Sage & Onion Stuffing	Sides Cumin Rice Naan Breads Turmeric Cauliflower Onion Bhaji Poppadom's Chutneys And Sauces	Sides Chip Shop Chips Roasted Vegetables Garden Peas Curry Sauce Tartare Sauce
Jacket Potato With a choice of two toppings	Jacket Potato With a choice of two toppings	Jacket Potato With a choice of two toppings	Jacket Potato With a choice of two toppings	Jacket Potato With a choice of two toppings
Dessert Of The Day Red berry fool	Dessert Of The Day Mixed Berry Baked Cheesecake	Dessert Of The Day Fruyt and yoghurt bar with berry compote and pancakes	Dessert Of The Day Chocolate Sponge & Chocolate Sauce	Dessert Of The Day Dessert of the day

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